
FOUNDATION FRAMEWORK

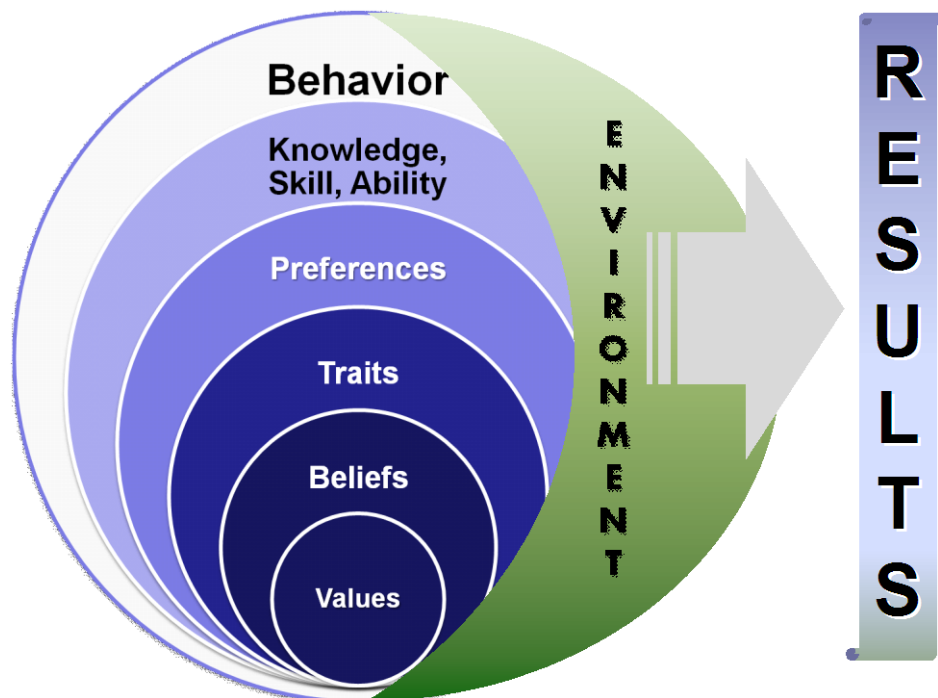
TO

ACHIEVE BREAKTHROUGH RESULTS

The approach of HR Anexi to Executive Coaching is unique: we not only focus on changing behaviours to achieve Results, but also provide learning /change at Knowledge, Skills, Ability, Preference, Traits, Beliefs and Values levels.

We help explore the impact of Environment in the achievement of results and also assist the coachee in strategizing on how to leverage the helping elements and minimise the impact of hindering elements.

This foundational framework of achieving Breakthrough Results is adapted from NLP. Our approach is based on detailed assessment at every level and our belief is that we can change anything that can be measured. We use a number of tools/techniques to measure them. The essence of this model is that Behaviour Flexibility is at the core of Achieving Results! To increase the bandwidth of Behaviour Flexibility, one needs to address some or all of the various under the surface iceberg issues or the shadow side of personality.



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