

adi bhakti, namo namah,  
sarah bhakti, namo namah,  
prithal bhagvati, namo namah,  
kundalini mata bhakti, namo namah

# FEMME VITAL!

A self-discovery workshop for women to explore the energy of the feminine being

**Workshop Dates:  
January 27 - 29, 2012**



*A beautiful healing weekend  
in the ethereal greens of Lavasa*

**An opportunity to seek spiritual connection**  
to understand life's myriad challenges

**Some peace and quiet**  
to center yourself and detach from life's insanity

**A chance to focus on YOU**  
what do you feel and need at this moment?

Femme Vital! shares ancient traditions for accessing spiritual capacities to address vital issues for the women of today: **health, weight, relationships, sexuality, menopausal transition, healing, love, joy, personal power, work-life balance and the ability to take charge and lead the life you desire**

The workshop traces the unique journey in every woman as she gains wisdom from the little girl-self to the old wise woman who lives within each one of us

Peggy will use techniques (including FireWalk) which she has discovered in three decades of travel across the world during her search for spiritual understanding

**FEEL  
REPLENISHED  
EMPOWERED  
HARMONIOUS  
ENERGIZED**

Come discover **YOURSELF** with Peggy Dylan!



Peggy is a pioneer in motivational leadership training since 1976. Her passion for teaching the science of human potential has moved countless individuals & companies to reach for higher levels of effectiveness and vitality.

Her understanding of the mind's unlimited potential is an extremely valuable resource for personal growth and corporate competitiveness.

Her work and insight catapulted the FireWalk to international attention as a leading tool for human development.

Peggy is the originator of contemporary Fire Walking and founder of SUNDOOR School of Transpersonal Education and The Sundoor International FireWalking School.

She has inspired thousands from several Fortune 500 Companies like Microsoft, American Express, Max, U-HAUL to name a few.

# Session Plan

## Day 1: FRIDAY (Session starts at 3.00 PM)

The session begins with an insightful cross-cultural discussion tracing the development and spiritual expression of the feminine over the last 30,000 years. You will see how women reflect the values of our time and how rich and beautiful the feminine history really is.

On Friday evening, Peggy begins what she continues all weekend: captivating us with invaluable stories and histories about women from other cultures - unravelling mysteries to gain inspiration from.

## Day 2: SATURDAY (Full day, closes at dinner)

Peggy continues with the understanding of the feminine psyche through myth but adds a modern scientific dimension to it. You will learn new and amazing facts about being a woman, your body, your sexuality, your brain, cycles, relationships, and gain understanding of the complicated interactions with men in personal and professional life. In this remarkable day she mixes myth, science, deep processes, and ends in celebration of life with a **FIREWALK**.

## Day 3: SUNDAY

Sunday is devoted to the wise woman who lives in every woman, the part of us which is connected to the earth and to the infinite. You will explore ancient cultures and modern science to lift the false concepts about maturity and menopause. You will see who you are as a woman: strong-tender, compassionate-powerful, and what your contribution to this planet is. In a deep process, developed by Peggy, we allow the ancient wisdom of the archetypal feminine to speak through us and guide us into our future.

The session closes at 3.00 PM on Sunday.

**ADI SHAKTI** - A celebration of the phenomenal female spirit and energy. FEMME Vital ! is your medium to embrace this shakti... the truest essence of your infinite creative nature.

|| *adi shakti,*  
*narah narah*  
*sharab shakti,*  
*narah narah*  
*prithara bhagvati,*  
*narah narah*  
*kundalini mata shakti,*  
*narah narah* \* ||

\* All encompassing Shakti I bow to thee, Primal Power, I bow to thee, that through which the God creates, I bow to thee, Creative power of the kundalini, I bow to thee...

## INVESTMENT

28,500/- INR (+10.3% service tax)  
Inclusive of stay in Lavasa for 2 nights (twin sharing basis)

## WORKSHOP DATES

JANUARY 27 - 29, 2012

## VENUE

Lavasa International Convention Centre, Pune

## FOR FURTHER DETAILS CONTACT

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**HRAnexi** [www.hranexi.com](http://www.hranexi.com)

HR ANEXI, a Human Capital consulting organization is a success enabler that empowers people and creates high performance cultures that drives the bottom-line results and reinforce an organization's mission and values. It was founded on the premise that ordinary people can be transformed into achievers and can become Asset Creators for an organization.

 **SUNDOOR** [www.sundoor.com](http://www.sundoor.com)

SUNDOOR School of Transpersonal Education is the International Firewalking School devoted to excellence, deepen one's sense of self and experience delight and comprehension of life.

HR Anexi is an exclusive partner of SUNDOOR in Asia. We bring Peggy's inspirational work and FireWalk movement to create high energy organization by empowering people!